

Zometa Patients

1. You must drink plenty of decaffeinated fluids at all times (for example: Water, Apple Juice, Ginergerale, Gatorade).
2. If you require dental work, you must check with this office first as we will need to withhold Zoneta for a length of time.
3. You must take oral Calcium-600 mg daily with vitamin D, such as Caltrate.
4. You must return to the office approximately one week prior to Zometa, for labs to be drawn.
5. Bone achiness may occur; you may take Advil if you are allowed, otherwise take Tylenol.