

Oxaliplatin Patients

1. Patients receiving Oxaliplatin are encouraged to avoid drinking cold liquids or holding cold objects.
2. Side effects may include shortness of breath or an uncomfortable feeling. The symptoms will pass within a few minutes, take deep breaths and relax.
3. During cold weather you should wear gloves, hats, and scarves.
4. Neuropathy will occur. Mention this to your nurse or doctor during your visit, they will help you reduce the symptoms.
5. Take Calcium 600 mg with D, one tablet daily and take Magnesium 400 mg daily.
6. Take Vitamin B6-100 mg daily.