

Cisplatin Patients

1. You need to drink a lot of decaffeinated fluids every day. For example: Water, Apple Juice, Gatorade, Gingerale.
2. Cisplatin can cause a higher incidence of nausea, be sure to take your nausea medicines as you were directed to and refer to the page on nausea and vomiting.
3. Cisplatin can dry out your kidneys. Drinking a lot of decaffeinated fluids will help. The nurses may also require you to come in for extra IV fluids after your treatment with Cisplatin.
4. You will need to have weekly labwork done while on this drug, the nurses will schedule this with you when you are in office for chemotherapy.
5. You should be on Calcium with D-600 mg daily and Magnesium-400 mg daily (both are over the counter). Also take vitamin B6-100 mg daily.